

Data Entry Initials: \_\_\_\_\_  
Date: \_\_\_\_\_  
Second Entry: \_\_\_\_\_  
Date: \_\_\_\_\_

Interviewer ID #: \_\_\_\_\_  
Client ID #: \_\_\_\_\_  
Date: \_\_\_\_\_  
Assessment: \_\_\_\_\_ Session: \_\_\_\_\_



22103a L-SASI Count-4

UNIVERSITY OF WASHINGTON  
BEHAVIORAL RESEARCH & THERAPY CLINICS  
Linehan, M.M. & Comtois, K., 1996

Now we're going to talk about self-injury (i.e. times when you have hurt yourself) or suicide attempts.

For this, I want you to think about any time you have intentionally injured yourself. This can include a number of different things such as cutting or burning yourself, taking an overdose of pills, or banging your head. It does not include such things as smoking, drinking, or anorexia which you may do knowing it is harmful to you but are not acute. However, deliberately starving yourself in order to cause an acute electrolyte imbalance would count as a self-injury.

I want you to include in what we talk about, any self-injury whether or not it was an attempt to kill yourself.

\_\_\_ **1.** Have you ever intentionally injured yourself? (1=Yes, 0=No) (If no, -18 for all other questions) (LPC01)

\_\_\_/\_\_\_/\_\_\_ **1a.** When was the most recent time you intentionally injured yourself with an intent to die (true intent or ambivalent)?

What did you do (CODE METHOD (1-25) )? Did you intend to die? (CIRCLE YES/NO/AMBIVALENT)?

What happened next? Did you receive medical treatment (CIRCLE MOST INTENSIVE TREATMENT: NONE/DOCTOR VISIT/ER/MED FLOOR/ICU)?

\_\_\_How accurate is this date (1=Exact, 2=Within two weeks, 3=Within one month, 4=No idea, 5=Within 1 year)

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\_\_\_\_\_  
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\_\_\_/\_\_\_/\_\_\_ **2.** When was the very first time in your life you intentionally injured yourself?

What did you do (CODE METHOD (1-25) )? Did you intend to die? (CIRCLE YES/NO/AMBIVALENT)?

What happened next? Did you receive medical treatment (CIRCLE MOST INTENSIVE TREATMENT: NONE/DOCTOR VISIT/ER/MED FLOOR/ICU)?

\_\_\_How accurate is this date (1=Exact, 2=Within two weeks, 3=Within one month, 4=No idea, 5=Within 1 year)

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\_\_\_/\_\_\_/\_\_\_ **3.** When was the most recent time you intentionally injured yourself?

What did you do (CODE METHOD (1-25) )? Did you intend to die? (CIRCLE YES/NO/AMBIVALENT)?

What happened next? Did you receive medical treatment (CIRCLE MOST INTENSIVE TREATMENT: NONE/DOCTOR VISIT/ER/MED FLOOR/ICU)?

\_\_\_How accurate is this date (1=Exact, 2=Within two weeks, 3=Within one month, 4=No idea, 5=Within 1 year)

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\_\_\_/\_\_\_/\_\_\_ **4.** When was the time that you most severely injured yourself?

What did you do (CODE METHOD (1-25) )? Did you intend to die? (CIRCLE YES/NO/AMBIVALENT)?

What happened next? Did you receive medical treatment (CIRCLE MOST INTENSIVE TREATMENT: NONE/DOCTOR VISIT/ER/MED FLOOR/ICU)?

\_\_\_How accurate is this date (1=Exact, 2=Within two weeks, 3=Within one month, 4=No idea, 5=Within 1 year)

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It is important for us to get a better understanding of different things you may have done to injure yourself, what prompted the self-injury, and when you might have needed medical treatment.

What I'd like to do is go through different types of self injury and have you tell me how many times you have harmed yourself using various methods and were (a) intending to die, (b) ambivalent (i.e. had mixed feelings), or (c) not intending to die and how many times you received medical treatment for the self-injury and what medical treatment(s) you got.

Here is a list of different ways that people have injured themselves.

WRITE IN NUMBER OF TIMES FOR TYPES AND MEDICAL TREATMENTS. BE SURE NO SPACE IS LEFT BLANK; IF IT DID NOT HAPPEN CODE 0. NOTE: (d) CANNOT BE GREATER THAN THE SUM OF (a)-(c) AND THE SUM OF (e) MUST EQUAL (d). (f) is from question 11 on the SASII (Suicide Attempt Self Injury Interview).

Number of Times (Include those listed on page 1)

Method	Total	(a) Intending to die	(b) Ambivalent	(c) Not intending to die	(d) Received Medical treatment # of times	e) # of ISI's (Intentional Self Injury) requiring this level of treatment				(f) Highest Lethality (1-6)
						Dr./ Nurse visit	ER	Med Floor	ICU	
5. Cut yourself on purpose										
6. Intentionally overdosed on drugs										
7. Burned yourself on purpose										
8. Attempted to strangle or hang yourself										
9. Jumped from a high place to cause self-injury										
10. Shot yourself with a gun										
11. Swallowed poisons/ caustic sub. on purpose										
12. Asphyxiated/smothered yourself										
13. Tried to drown yourself										
14. Stabbed/punctured yourself on purpose										
15. Banged your head or hit yourself										
16. *Other: Method: _____										
17. **Other: Method: _____										
18. **Other: Method: _____										

\*PROMPT THE CLIENT: "Have you ever intentionally crashed a motor vehicle, stepped into traffic, stopped needed medical treatments or medications, pulled off nails, harmed a wound, pinched yourself hard enough to leave bruises, or done anything else to intentionally injure yourself or attempt suicide?" Code the three most serious/frequent categories according to the method numbers 14-25 below (for LPC16g, LPC17g, LPC18g).

\*\*PROMPT THE CLIENT: "Anything else you've done to intentionally harm yourself or attempt suicide?"

**ONLY FOR NIMH-4/NIDA-5 MATCHING 2004**

19. How Many Non-suicidal self injuries in <b>past year</b> _____ Please list incident dates and methods used:
20. How Many Suicidal self injuries in <b>past year</b> _____ Please list incident dates and methods used:

## METHOD CODES (for lpc02b, lpc03b, lpc04b, lpc16g, lpc17g, lpc18g)

- 1 = alcohol overdose
- 2 = drug overdose
- 3 = poison
- 4 = burning
- 5 = cut/scratch
- 6 = stab/puncture
- 7 = gun
- 8 = hang/strangle
- 9 = strangling
- 10 = asphyxiation
- 11 = jumping
- 12 = drowning
- 13 = head banging
- 14 = other
- 15 = stopped needed medical treatments or medications
- 16 = motor vehicle crash
- 17 = stepped into traffic
- 18 = pulled off nails/skin
- 19 = harmed a wound
- 20 = pinching (with bruising)
- 21 = hair-pulling (not trichotillomania)
- 22 = starvation
- 23 = stopped blood flow to extremities
- 24 = animal bite
- 25 = hit head/body
- 26 = Mixed method

## HIGHEST LETHALITY CODES

INTERVIEWER: RATE MEDICAL RISK OF DEATH FROM INTENTIONAL SELF INJURY (ISI) BASED ON METHOD AND ON OTHER SUBSTANCES PRESENT AT TIME). E.G.,

- 1 = **Very low.** Less than/equal to 5 pills (unless medication potentially lethal in low doses); scratching; reopening partially healed wounds; head banging, swallowing small, non-sharp objects, going underdressed into cold for brief time, lying down at night in the middle of a non-busy road but getting up when a car doesn't come or swimming out to middle of lake and returning upon getting tired. **Minor heroin overdose 1.5 times usual dependent dose.**
- 2 = **Low.** Superficial cut on surface or limbs; 6-10 pills (or fewer if medication potentially lethal in low doses); cigarette burn(s), jumping feet first from very low place (less than 10 feet). **Heroin overdose 1.5 times usual dependent dose combined with other drugs and/or alcohol.**
- 3 = **Moderate.** Overdose on 11-50 pills, or two or more types of pills or 6-10 pills potentially lethal in low doses and combined with alcohol; deep cuts anywhere but neck, swallowing  $\leq 12$  oz shampoo or astringent,  $\leq 2$  oz. lighter fluid, or  $\leq 4$  tbls. cleaning compounds, igniting flammable substance on limb. **Moderate heroin overdose 2 - < 3 times usual dependent dose.**
- 4 = **High.** Overdose with over 50 pills or 11-30 pills potentially lethal in low doses or combined with large amount of alcohol, stabbing to body; pulling trigger of a loaded gun aimed at a limb (arm or leg), swallowing  $> 2$  oz lighter fluid,  $> 12$  oz shampoo or astringent or  $> 4$  tbls. cleaning compounds, igniting flammable substance on multiple limbs and torso, walking into heavy traffic. **Heroin overdose 2 - < 3 times usual dependent dose combined with other drugs and/or alcohol.**
- 5 = **Very high.** Overdose with over 30 pills lethal in small doses or combined with large amount of alcohol; poison (unless small amount not potentially lethal); attempted drowning; suffocation; deep cuts to the throat or limbs; jumping from low place (less than 20 feet), igniting flammable substance all over body, electrocution, throwing self in front of or from car going less than 30 miles/hr, strangulation. **Serious heroin overdose 3 or more times usual dependent dose.**
- 6 = **Severe.** Pulling trigger of loaded gun aimed at vital area (such as torso or head); Russian roulette, jumping from a high place (more than 20 feet); hanging (feet above the ground); asphyxiation (such as carbon monoxide suffocation); jumping in front of auto going faster than 30 miles/hr or off overpass in rush hour traffic, attempted drowning after ingesting alcohol or other drugs, swallowing nail polish remover, turpentine or similar substances. **Serious heroin overdose 3 or more times usual dependent dose combined with other drugs and/or alcohol.**