

OBSERVER

Vol. 19 No. 3 October 25, 1974

| | |
|--------|---|
| Page 1 | Angell & Fish at Bard Jeff Watnick |
| Page 2 | ["I have been very offended by the editorializing."] Julia Smull ["I was rather surprised to see a reprint of a section of my minutes in the last issue..."] Carol Merle, Senate Secretary" ["The problem of smoking in classrooms at Bard...presents to us a grass roots question."] Harry Ferris |
| Page 3 | From the Dean... Andrea Kelley [Untitled Drawing] Alternatives to Adolf's Jean Antonucci Quality of Life Comm. Scott McGuire |
| Page 4 | New York City Calendar Mark Kempler Vanderbilt Mansion Barbara C. Whiteman |
| Page 5 | News and Notices |
| Page 7 | Sports Soccer—Bard beaten by Albany in Mud Game Soccer—Bard ties Skidmore 2-2 Parents' Day Soccer Cross Country Parents' Day Cross Country & More News |
| Page 8 | That stuff on your plate |

THE BARD observer

'IMPRIMATUR' *our motto*

Democratic congressional challenger Nick Angell and Republican incumbent, Hamilton Fish Jr., participated in a panel discussion at Bard's Procter Art Centre on Sunday, Oct. 20th. Mr. Fish and Mr. Angell did not appear together, at the request of Mr. Fish.

Each candidate opened with remarks concerning their political views. Questions were then offered from a panel consisting of Dr. James Sailor, Principal of the School District of Rhinebeck; Ms. Jane Richards, publisher of the Gazette-Advertiser; Dr. Mark Lytle, Bard History Professor; and Ken Stern, a Political Science major from Bard's senior class.

Red Hook residents, Bard students, campaign staffs and members of the press comprised the oddest turnout of 50. The event was moderated and organized by Jamie Fishman, chairman of the Bard Government Club, who arranged for the panel of questioners, publicity and refreshments for the forum.

ANGELL &...

At 1:25pm the bristling, blue-suited figure of Nick Angell burst upon the scene at Procter Art Center. The race for the 25th Congressional District seat had finally made it's way to Bard.

"I've never run for office before," stated Nick Angell in his opening remarks to the interested crowd. He wasted no time tossing the gauntlet at the incumbent Republican, Hamilton Fish Jr. "One of my regrets is not having both Mr. Fish and myself here at the same time for the same questions. Mr. Fish has so far cancelled eight debates I've set up with him."

Mr. Angell's two greatest concerns dealt with the current political system and the state of the economy. "The crisis exists in two basic defects of our political structure," observed Angell. "The federal government lacks the proper balance of power. Too much power has accumulated in the hands of one man. "Power corrupts and leads to immorality," Angell asserted. "Why is nothing being done about it? Nothing is done because the incumbent Congressmen don't have to do anything to get re-elected." Turning to Hamilton Fish's vot-

by Jeff Watnick
News Editor



... FISH AT BARD

The tall husky frame of Congressman Hamilton Fish Jr. stepped toward the speakers podium in Procter Art Center at 2:40 PM. The audience that had finished stretching its legs after just listening to the Congressman's democratic opponent, Nick Angell, settled down quickly as Congressman Fish addressed his opening remarks.

"The last few years have been damaging," said Fish in reference to the Watergate scandal. Mr. Fish felt that the impeachment proceedings were handled "with dignity, fairly and professionally." "The Constitutional crisis was resolved," Fish stated, "but the pardon set it back."

Discussing the economy Mr. Fish felt that "only a major cutback in demand can work to negotiate oil contracts." He urges that we all take measures to cut down our energy usage."

Ms. Jean Richards started the panel discussion asking if Mr. Fish would agree with Mr. Angell's "county master-plan" proposal. Mr. Fish did agree with Mr. Angell's "county plans" and strongly urged that more federal funds should go into education. Ms. Richards then countered with a question con-



OBSERVER

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The Observer is an independent student publication of the Bard College community. Publication is bi-weekly during the Bard College academic year.

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Amusements, p. 4
Quality of Life--3 and 6
Sports, p. 7

LETTERS

EDITORIAL PAGE

To the editor:

I have never before been motivated to write to the Observer, always believing that anyone meshugenah enough to work for the paper was entitled to whatever she/he pleased. However, in both the Observers that have come out this semester, I have been very offended by the editorializing. By this I don't mean the pseudo-New Yorker editorial "we" which I find very obnoxious and irritating. But not competent enough to offend.

I refer to the editorial postscript to the article about the "If" controversy and also to the addenda to the letter about Ms. Coons. As most people know now (and many knew at the time), Murmur of the Heart was not shown because the film rental company fucked up. The implication that the Dean was somehow involved was both slanderous and a misuse of editorial powers.

The anonymous letter about Engracia was most interesting. I can well recall a time when she conducted a room search, locking behind her doors not ordinarily kept locked. By my good fortune, my neighbor was home and persuaded Ms. Coons not to lock my door, as I would be locked out if she did. Engracia had insisted my door was locked when she got there. However, my other neighbor was not so lucky and he was locked out of his room. When Security arrived to remedy the situation, Pat DeFile was very upset to hear about the room search. He said they had been trying for years to stop Ms. Coons and that she had no right or business or jurisdiction to conduct such a search. If such was the case, she must have carried out the search in secret, since anyone she would have reported findings to would have reprimanded her and not the student.

I think the Observer would do well to use some restraint in comments on articles and letters, especially when on defense of your own staff but in the defense of a defunct employee. It also seems rather low to use the student newspaper to make malicious innuendoes about the Administration.

Smut is fine but not when disguised as erudite journalism.

Julia Smull

Dear Observer,

I was rather surprised to see a reprint of a section of my minutes in the last issue of **The Observer**. Though I admit that I found it a compliment that you would use them, I also realize that at the present time, I sort of have a ~~monopoly~~, by being the only source of written Senate information and business around campus. I also don't think that this is especially good.

Senate has long passed through the days of being an 'elitist' organization, or so we would all like to think. In fact, one of the strongest things this semester's Senate has tried to do is 'decentralize' our authority, activities, or whatever you want to call it. (Example: this semester is the first time that committee chair-

personships have been open to non-senators.)

I personally would find it interesting and stimulating to hear other people's interpretations of what goes on in Senate meetings. The Observer's Senate reporter was a great idea, but where has she been these last few weeks? Senate could be a vital, healthy, working organization for the community, but only with lots of opinion, involvement, and communication.

In an attempt towards this, I would like to suggest that anyone who feels strongly about Senate, or a particular Senate issue, write up his/her feelings and put it up on the Senate bulletin board. Lots of people walk by there and read my minutes, which are business-like and impersonal, because it's my job to do them like that.

But I'd like to see some more personalized opinions going around here, and I suspect that others would too.

I sincerely hope that you will be able to find another alternative to the use of my minutes, for circulating news to the community.

Carol Merle
Senate Secretary

To The Editor:

The problem of smoking in classrooms at Bard and its consequential air pollution presents to us a grass roots question. Indeed, the stubborn duality of opinions surrounding this issue plagues very basic social-Economic assumptions in this country. The uncertainty of the entire Industrial vs. Ecological argument within the U.S. is reflected at Bard in the smoking dilemma. The question is one of human rights:

"Do individuals or groups have an 'inalienable right' to perform any act, for whatever reason, which distinctly and overtly pollutes a given environment and as a result both harms and irritates other individuals?"

I have chosen with good reason to label cigarette smoking in a confined environment as "pollution." Few would deny that it is, particularly given the degree to which it occurs in most Bard classes. Medically, experts have shown that cigarette smoke filled rooms may be as harmful if not moreso than actually smoking. Individuals who must regularly subject their lungs to such rooms suffer from ailments similar to those of the smoker.

Health hazards aside, cigarette exhaust in any quantity is irritating. Even smokers have testified to the unpleasantness of watery eyes, irritated faces, odorous clothes and hair resulting from cigarette smoke. To non-smokers headaches even nausea and certainly loss of classroom concentration are the products of a class in which smoking has freely occurred.

Yet these suffering non-smokers have borne their displeasures in silence, believing that, somehow, they should not alienate the smokers who are merely exercising the birth right to pollute their own and their neighbor's body. Some non-smokers have even been embarrassed to acknowledge that they themselves "don't smoke" realizing, as they do, that non-smokers are the real social misfits.

Rising to the opportunity of Democracy, smokers seek to dismiss the problem with mutterings of majority rule. "Why not vote to see how many want smoking and how many don't?" Fortunately, not many would suffer from shock at the outcome; yet the question of individual rights is lost in the shuffle for ballots.

But let's not rob smokers of all their defensive fire. The "nicotine fit" syndrome cannot be entirely scoffed at. Many smokers claim that going for an hour without a cigarette is hell for them. For such habitual smokers the act of smoking has become an integral part of their functioning personalities and they are seriously uncomfortable when deprived of cigarettes. Having myself fought off a three-year pack-a-day habit I am not insensitive to the nicotine fit ailment. One girl felt sure that if smoking in classes was prohibited an immediate increase in cutting classes would ensue.

Another frequent argument on behalf of smokers which implies similar consequences is that, without cigarettes, smokers will "fall asleep in class." Apparently knowing that there is something lit in their hand or ash tray provides the only stimulus for maintaining consciousness in the classroom, as it likewise seems to provide a major incentive for coming to class at all. Thus it is the non-smoker who, overpowered

cont. p. 6

FROM THE DEAN...

by Andrea Kelley

Dean Carl Selinger has outlined some prospective changes being considered by the Faculty Senate. All are designed to help break down the barriers between departments, students and teachers.

1) More Student/Faculty Contact Hours. An average of three instead of two hours a week per class, designed to bring students closer to their courses, to break up one long class into two or three shorter ones, to provide new students with a more firm structure by which to work, and to discourage procrastinating large reading assignments.

2) Moderation Will Be Considered Less As A Pass/Fail Exam, More As A Prerequisite For The Senior Project. The dividing line between lower and upper college will not be as distinct as it now stands. Moderation can be undergone when the student and his/her advisor feels he is ready, perhaps before the end of the sophomore year, or at the end of junior year if necessary. The distinction made by Moderation will then be one between preliminary and advanced work. The emphasis will be on success, not on the threat concept which is an integral part of our present Moderation.

3) A Freshman Review by a board of faculty members who teach each individual freshman. This will be of a strictly advisory nature to discuss what the student has done and where he or she would like to go from the end of the freshman year. A discussion of this kind will help to sift through an often tangled academic/social freshman experience and provide some coherence to it.

These proposed changes are primarily aimed at softening the hard edge of lower college life at Bard. The Faculty Senate is also trying to deal with bringing together the whole undergraduate and teacher community. Their considerations center around how to create more shared educational experiences and enterprises, courses or projects with a human concern, a common ground where we all as people share problems. Collaborative projects and courses that deal with what is important to us all will be beneficial in creating a sharing, dependent social concept that can help diminish the inherently lonely role of student or teacher working by his/her self. This would entail using the idea of "liberal arts" to the hilt, drawing upon all disciplines and departments to understand the human concerns.

Faculty members pursuing their careers outside of teaching seem to be able to convey their own inspiration and satisfaction, Dean Selinger believes if it were possible for the teacher to bring the student into his work it would generate interest in the students' approach to work, as they see successful functioning on more than one level.

The ideas pertain to how to use Bard's special distinctive features to explore human possibilities in a liberal arts conception and environment. Dean Selinger hopes to minimize the effects of fragmented, and ultra-individualized world, which Bard reflects. He and the Faculty Senate are aiming at breaking the walls of compartmentalization through people sharing ideas and problems.



3

ALTERNATIVES to ADOLF'S

Students tired of Adolf's can take heart, the future may bring relief. Although nothing is definite yet, an idea has begun to grow in the Senate and the Committee on the Quality of Life for an alternative to "down the road."

The originator of the thought is Lindsay Hill, co-president of the Student Senate. Only about a month ago Lindsay began to seriously play with the idea that students here need not only someplace to go besides Adolf's, but other things to do besides dance and drink--and perhaps in a more centrally located position. Lindsay's concept of a student center includes a building with a juke box, bar and possibly a pin ball machine on a level separate from reading, lounging and TV rooms. Of course there is no building on campus presently available--this is the first and biggest obstacle to the formation of the center. One thought has been to use empty rooms in Stone Row since this is a relatively unpopular dorm and is centrally located. Another suggestion, brought up by Steve Levine at last Wednesday's Student Senate meeting, was the use of a storage barn behind the nursery school. At present this barn is badly in need of repairs, but Steve felt that if the work was done mainly by students it might be a good opportunity to bring the college together.

Whatever the site that is finally chosen, all those involved at this early stage realize what a large task it will be to open any kind of student union. Right now Lindsay only has a brief list of students interested in the project. However, by the time this is printed recommendation on a student center will have been made to President Bruce from the Committee on the Quality of Life, and it is now that Lindsay would like to get organized and really begin work on the subject. Anyone who is interested--and certainly this should be everyone--and can spend any time at all should contact Lindsay and leave his/her name and box number.

A student center of any sort on the Bard campus would undoubtedly be a positive addition. The consensus from the Senate seems to be that some kind of center could be set up and running within a semester. With effort from both the administration and the students, an alternative to Adolf's might soon be a reality.

---Jean Antonucci

Quality of Life Comm.

This semester, a new committee was formed (sigh, what's new?). This is not your average "Students of Hugo von Hofmannsthal Study Group" or whatever. The Quality of Campus Life Committee consists of a group of people who observe and make recommendations on the extracurricular, recreational, social, non-academic issues of campus life. The possibilities of a review like this are endless; look around and you'll agree, don't look around and you'll agree, too. We all know, or feel, certain areas are not well run, do not exist, have great potential, should be abolished. Now is the time for action: support the Quality of Life at Bard. The committee members are: Administration--Dr. Pierce, Carl Selinger, Mary Suggatt; Faculty--Michael Rosenthal, Larry Sacharow, Dr. Powers (school psychiatrist); Students--Martha Miller, Niles Jaeger; Trustees--Jeffrey Levy, Mrs. Charles Kraus; Admissions--Scott McGuire.

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new york city *by Mark Kempler* CALENDAR

This year, "The First American Film Theatre" is presenting its second season. The films to be shown are: "Galileo"; "Jacques Brel is Alive and Well and Living in Paris"; "In Celebration"; "The Man in the Glass Booth"; and "The Maids." These will be shown between the months of January and May. The series of films are sold on a first come-first served basis, and among the many theatres offering them is the Dutchess Cinema in Poughkeepsie.

Concerts: Frank Zappa and the Mothers of Invention, Oct. 31; Van Morrison and the Persuasions, Nov. 1 -- both at the Felt Forum. Herbie Mann, Oct. 27; Kris Kristofferson and Rita Coolidge, Nov. 2&3; The Electric Light Orchestra, Nov. 8; Billy Joel and Janis Ian, Nov. 15 -- all at Avery Fisher Hall. The Nitty Gritty Dirt Band, Nov. 3 at Carnegie Hall. Tony Bennett and Lena Horne, Oct. 30 thru Nov. 17 at the Minskoff Theatre. Sgt. Pepper's Lonely Hearts Club Band on the road, Nov. 14 thru Dec. 8, at the Beacon Theatre.

Subscription Sales at the Beaumont and Newhouse Theatres: There are subscriptions and special student passes available for the two series of plays to be presented at these theatres. The series at the Beaumont is: 1) Oct. 18-Dec. 8, "Mert and Phil" 2) Dec. 20-Feb. 9, "Black Picture Show" 3) Feb. 21-Apr. 13, "A Doll's House" 4) Apr. 25-June 15 (A new play which will be announced in the near future). The series at the Newhouse is: 1) Oct. 5-Dec. 1, "Richard III" 2) Dec. 28-Feb. 23, "A Midsummer Night's Dream" 3) Mar. 22-May 18, "Julius Caesar."

Off Broadway Theatre: "A Doll's House" at the West Side Comm. Repertory; "All My Sons" at the Roundabout Stage I; "El Grande de Coca-Cola" at the Plaza 9; "Godspell" at the Promenade; "Let My People Come" at the Village Gate; "Lovers" at the Basement; "Moonchildren" at the Theatre DeLys; "The Fantastiks" at the Sullivan Street Playhouse; "The Hot 1 Baltimore" at the Downtown Circle in the Square; "The Wager" at the Eastside Playhouse; "Why Hanna's Skirt Won't Stay Down" at the Top of the Gate.

VANDERBILT MANSION

If you unexpectedly find yourself with a free afternoon you might be interested in exploring the Vanderbilt National Historic Site situated twenty minutes south of Bard in the village of Hyde Park. The Vanderbilt estate consists of 212 acres of land and a 54 room, three story mansion, considered one of the best examples of Italian Renaissance style architecture in this country. The grounds are open to the public during daylight hours. You will see people picnicking, playing football or strolling around the lawns. There is a road which runs down to the river on the north side of the estate. You will find a picnic area there, as well as several hiking trails.

The Vanderbilt estate was owned by Frederick and Louise Vanderbilt. They lived

here only in the spring and fall preferring to spend the summer at their home in Newport, Rhode Island and winter at their townhouse in New York City.

Frederick Vanderbilt was the grandson of "Commodore" Cornelius Vanderbilt who founded the family fortune in steamship transportation. He was worth \$105,000,000. at his death. His son, William Henry Vanderbilt, increased the fortune to \$200,000,000. through his rail holdings. Frederick also was involved in the railroad.

Entering the estate from the main gate you will drive over a neoclassical bridge spanning a shallow running stream. The drive winds through the grounds on past the Italian gardens, unfortunately now no longer planted and then around the front of the mansion. There is ample parking on the grounds.

Stop in at the Pavillion first, the relatively small structure you will see across from the parking lot. The Vanderbilts had this home built in 1895 to use until the completion of the main house in 1898. After that time it was used as a guest house and also by the Vanderbilts themselves when they came to Hyde Park in the winter since the main house was closed during that season. At the Pavillion you can purchase a 50¢ ticket which you present to a guard at the mansion. It also entitles you to admission to the Roosevelt National Historic Site just south of Hyde Park on route 9.

The mansion was built between 1896 and 1898 at a cost of \$660,000 excluding furnishings. You may decide the house is beautifully elegant or gaudy, but it is by any description very expensive. If you were a guest of the Vanderbilts, you would be greeted in the large oval reception hall in the center of the house. Its walls are of Italian marble and the mantel on the west wall is a relic from an Italian palace. If you had come to see Mr. Vanderbilt on business he would probably have taken you to his study, a small room off the reception hall. It is panelled in Santo Domingo mahogany and over the fireplace are several early Italian pistols grouped around an old Flemish clock. If you had been invited to dine you would gather in the Gold Room for sherry before dinner. This room is designed after an 18th century French drawing room in antique white and gold leaf. There is also a large dining room, a drawing room and a library on the first floor.

Mr. and Mrs. Vanderbilt's bedrooms are on the second floor as well as several guest rooms. On the third floor are more guest rooms and several servants' rooms.

The Vanderbilts had no children and the estate was left to Mrs. Vanderbilt's niece, Margaret Van Alen who presented the estate to the United States in 1940.

To get to the Vanderbilt mansion take route 9G south of Bard and then route 9 through Rhinebeck. The main entrance is just north of the light in the village of Hyde Park. The mansion is open daily from 9:00 a.m. to 5:00 p.m., closed Jan. 1 and Dec. 25.

Barbara C. Whiteman



Western facade of the Vanderbilt Mansion.

ANGELL *from page one*

ing record Mr. Angell accused him of "not trying to take the autocratic power away from the White House." He cites Mr. Fish's opposition to proposals to reduce the number of White House employees and another to disclose President Nixon's expenditures.

"There is not a representative democracy at the federal level," adds Angell. "The power slips to the White House, therefore, the incumbent doesn't have to perform."

Abolishment of the seniority system and regulation of campaign financing in federal elections as well as presidential elections are some of Nick Angell's political reforms. "I am not a dreamer," declared the Congressional challenger, "nor a Don Quixote reformer. The groundwork for

these changes has already been layed by other Congressmen and I'll join the fight to get them done."

Ms. Jean Richards started the panel discussion asking Angell about future development plans for the county. Mr. Angell responded that he would want to alter the property tax because it is "not based on ability to pay." He also suggested land use planning, employing ecological and total development.

Professor Mark Lytle, in the continued quest for knowledge (and job security) asked about the future of small colleges. Would they be aided by the government? "I support federal financing," Angell said; "private education is the laboratory for experimentation." He also added that spending time in public service would break up the treadmill of education.

"You can't have equal education if the well to do won't help the less well to do," reacted Angell to Dr. James Sailor's question on education. "There has to be a redistribution of school funds."

The time had arrived for Angell to face the questions of the concerned, active audience. Amnesty for Vietnam draft dodgers and deserters was the first issue brought to the floor. "I stated my position in March," announced Angell. "I feel draft dodgers should be treated as criminal offenders." Mr. Angell himself had volunteered for the ARMY, RISING THROUGH RANKS TO BECOME Army, rising through ranks to become a Ranger and officer in the 82nd Airborne.

Concerning Vietnam, Angell declared, "the final lie was that we have won 'peace with honor'. The war is still going on and costing America millions. We are paying the price for Mr. Kissinger's style of diplomacy" (initiating agreements, then globe-hopping to another spot before peace plans can be followed through).

Angell disapproved of Nixon's pardon. "He should be fully tried; then we can be merciful," said Angell. "The Legality of the pardon should be tested."

Bard's Dean Selinger asked: if S.E. Asia Mr. Angell supported retention of the present Supreme Court decision on abortion.

Bard's Dean Selinger asked: if S.E. Asia is starving, should the US give food at the cost of rationing itself?

Angell said that if the CIA would remove itself politically from SE Asia, the American people should give their support to increased foreign aid. He lashed out at the Russian wheat deal as "outrageous". "If we hadn't sold our surplus, we'd have the food reserves available."

The dynamic lawyer's time was up. He made his exit from Procter just in time to greet the arrival of his opponent, the next speaker, incumbent Congressman Hamilton Fish, Jr.

NEWS & NOTICES

The Muriel DeGre Center will be available again this Fall as a clearing house for part-time employment, acting as a liaison between students seeking part-time jobs and local residents who need an occasional or regular babysitter, house or yard worker, part-time shop assistant, tutor or music teacher, or someone to help on a single project. The Center maintains a file listing students who want to work including their skills, interests, and acceptable pay rates. Information is available at the DeGre Center between noon and 4:00 PM, Tuesday through Friday, or call 758-6822, Ext. 212 during business hours.

The Bard Theatre of Drama and Dance presents George Bernard Shaw's Arms and the Man as its second production of the season.

In this delightful comedy, Shaw pokes fun at the romance of romance and the pseudo-romance of war. The play is directed by Neil McKenzie; the cast includes Frances Alcheik, Pamela Richards, Nick Samstag, Brian Keane, Polly Corman, and other actors of the Bard Theatre.

Performances will be in the Great Hall of Preston, Saturday, October 26th through Tuesday, October 29th, at 8:00 PM; there will also be a matinee on Sunday, October 27th, at 3:00PM. There is no admission charge, but reservations are recommended. Please call 914/758-8622, between 2:00 and 4:00 PM, Monday through Friday, for reservations or information.

(adolf's) (DOWN
THE ROAD)

annandale hotel



by fumes, falls asleep in the corner or takes the escapist route and skips class completely or just grins and politely bears it all.

The most prevalent smoker response to complaints is of course the opened window cure. Unfortunately, this does not guarantee ventilation with the door closed, unless a gale wind happens to be conveniently heading due course to the opened window. In addition, because smoking tends to cause a certain cutting down of the normal blood circulation, smokers are the first to complain of being cold. Needless to say, windows are usually kept closed in the winter.

Finding a solution is, as usual, more difficult than pointing out the flaws in the system! But I have no intention of stopping there, for out of fairness to the non-smokers something must change. Asking Professors not to smoke is impracticable. Even though at many Universities and Colleges the Professors are too busy lecturing to smoke, at Bard this is not the case. Many Professors here could not teach without smoking (most likely a more vital plea than certain individuals falling asleep) and studnets with a far less substantial claim to addiction must respect this.

That Professors are permitted to smoke in class does not necessitate students smoking. Smokers admit to having smoked a great deal less before entering the reinforcing atmosphere of Bard. Surely cutting down to a butt at each break and a quick dash from the room if a cigarette is drastically needed is not asking too much. Adopting this practice would, in the long run, bring nothing but good. Just think how nice that long awaited cigarette will taste, how much less smokers will spend on cigarettes and how much healthier everyone's lungs will feel.

I hope that a solution will evoke out of human consideration and reason, rather than by hard fought legal action. I contend that "it is an ill wind that blows nobody any good" and that smoking in classes is unquestionably that, an ill wind. ---Harry Ferris

Q Of L continued:

On Tues. Oct. 15, a subcommittee of the Quality of Life Committee convened in the Dining Commons to discuss opportunities for resuscitating the cultural life of the College. Present were your faithful Editor, Professors David Pierce, Larry Sacharow, Jay Grossberg, Burton Brody and Robert Kelly; students Delilah Jakob, Mindy Heller and Rebecca Davidson; and Librarian Fred Cook.

Messrs. Grossberg and Pierce outlined the basic "what-to-do-on-weekends" problem confronted by the Q of L Committee--"join the soccer team or bang your head against the wall," offered the former. The use of valley resources being investigated by the Recreation Committee was briefly mentioned, and there was a larger discussion of the aims of the Student Life Committee. It was generally agreed that a student centre, where Bard's communicative and recreational organisations (e.g. the Observer, Feminist Alliance, Ceramics Club, Senate...etc.) could meet under one roof, would be a prosperous suggestion (see "Alternatives to Adolf's," elsewhere in this issue, for the prognosis on similar ideas). One problem cited was the lack of continuity in the organisation of student affairs, since the population is necessarily ↗

FIRST ANNUAL

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Candidate's Name:

transient; long-range planning and a cooperation between permanent residents and students could go a long way toward solving this.

Finally the specific task of the committee at hand was reached--the coordination and promotion of cultural affairs. Since the committee is interdepartmental, its continued life will facilitate the scheduling of concerts, films, speakers, etc., preventing pileups or dry spells, and consolidated publicity for the same affairs should prevent the anomie problem faced by freshmen and transfers. Messr. Sacharow suggested a mural calendar for the dining commons, on which the events of each day for a week or month could be posted in one place in an organised fashion--a vast improvement on the messy bulletin boards where old notices never die but merely fade away. The possibility of a Bard Campus Newsreel was brought up; yrs. truly pointed out that such a project had been undertaken by Bruce Baillie last semester, and an expanded version, perhaps with weekly showings, was suggested (it is not known whether Mr. Baillie was ever contacted). Such a newsreel could provide "commercials" for upcoming plays, speakers, etc. or aid the Observer in capsuling accounts of events that have already taken place.

An effort to make visiting events more experimental was next discussed--for instance, to have visiting poets or artists give workshops, as well as display their talents, so that students' work could evolve in the process. In re this, Mr. Brody mentioned the Music Colloquium which meets Thursdays at 7:30, where both student and faculty perform and discuss works in progress, and interested bysitters can ask questions ("Everything You Always Wanted to Know about Holding a Violin But..."). Yrs. truly concurred that such a phenomenon in all departments might reduce the insularity of intellectual and cultural life--the sad phenomenon whereby each department plays so often, as it were, to itself, neglecting the opportunity to perform to a public of the uninitiated. ("Isn't that lovely?" "Well.. is it sculpture or dragon droppings?" "It's ART!!"....)

Yours faithfully slunk out of the meeting after 45 minutes to attend some cultural grooming (namely, a class) and talentedly missed the next one. Further activities of the committee, however, will be noted in the Observer--if you don't see them growing up around you first.

St. Kate

CORNING, NY -- A series of field courses in environmental relationships in the Bahamas will be open to undergraduates from December to June.

Openings are available in 20 courses to be held on Out Islands and on San Salvador, easternmost of Bahamian Islands.

According to a spokesman, students should work out the choice of studies through their appropriate campus office to insure fulfilling credit and other academic requirements. Applications and course descriptions are available from CCFL, Box 180, Corning, NY 14830.

An all-encompassing fee for tuition, room and board, and instructional costs will vary according to the course length and location. Total charges for a four-week course on San Salvador, for example, will be \$425.

December offerings: Ornithology Survey, Near shore Fishes, and Island Geography, each for four credit hours.

January offerings will include Island Geology, Marine Zoology, Social Reasoning, and Visual Journal, again for four credit hours each.

Courses in February will be Tropical Astronomy and Navigation, Bahamian History Research, Psychological Aspects of Planned Change, and Historic Archaeology, each for four credits.

March courses: Marine Geology and Environmental Chemistry, for four credits each.

A six-week offering in March-April will be Community Study on Cat Island, for six credits. Independent Study in Ecology, on San Salvador, will be held in May for four credits.

In May-June, an Archaeology dig will be undertaken on San Salvador from four to six weeks. Credit hours will depend on the number of weeks a student elects to study.

sports

Rick Emmet

Soccer--Bard beaten by Albany in Mud Game

On Wednesday, October 16 Bard started it's away game circuit by travelling up to Albany to play Albany Pharmacy. As you may remember, it poured rain that morning and afternoon. Taking better advantages of the poor conditions, Albany beat Bard 5-2. (The mud was five inches deep in many places.) Bard's goals were scored by halfback, Harry Ferris, and Steve Levine. Bard's record is five losses, two ties, and one victory.

Soccer--Bard ties Skidmore 2-2

As the season has progressed, Bard soccer has gotten more exciting. On Thursday the tenth of October, we played Skidmore at home. Skidmore is a large well known school (well, you've heard of it, at least); they have a proportionately good soccer team. Bard played a hard game which resulted in a tie. Our goals were both scored by powerful forward Roy Herrmann.

A tie was a perfect preparation for the Parents' Day game with Vassar. To lose would have left the team depressed; to win would have made them over-confident. A tie gave just the right amount of reassurance but still enough incentive to do better on Parents' Day.

Parents' Day Soccer

Bard College tied Vassar, 1-1 in a tough Parents' Day game. This was the most competitive game of the season and the emotion displayed was surprising. Vassar was playing aggressively a tight defense--fast break style of soccer. Near the end of the first half, Vassar sustained a concentrated drive to the Bard goal. They kept the pressure on for a full twenty minutes of solid running, scraping and shooting. The Bard defense rose to the occasion; Vassar was held to one goal on a corner kick.

The second half started gloomily for Bard spectators. We fought back, however, with a fine goal by Luis Marciscano with an assist from "Iron Harry" Ferris. The second half expired without either team gaining a firm upper hand. The rematch will be played at Vassar on October 30.

CROSS COUNTRY

Columbia-Green Community College held its first annual Invitational Cross Country Championship on Monday, October 14. Bard was invited along with the best teams in the Hudson Valley Area. Although Bard came in fourth, we beat every other team from our league badly. Bard recently had a regular meet with League member Columbia-Green. Every man on the Bard team ran a better time on the 3.8 mile Olana course.

The meet was swept by Hudson Valley Community College which had the first, second and third runners and a team score of 17. Cobleskill Ag. and Tech. was second with 47; R.P.I. 99, Bard College 108, Columbia-Green 133, Berkshire Christian College 157, and Champlain 181. It was a heavily competitive, fast race. Bard's Phil Carducci, although he came in thirteenth, still almost broke the old course record, missing by 26 seconds. P.A. Tippet, Vassar's star runner, ran in the Invitational as an independant. He came in fifteenth, 21 seconds behind Carducci.

The first Invitational came off very well and all the coaches indicated they would be pleased to come back next year. The first 20 men to finish got trophies, so Carducci walked off with another one. Bard Cross Country is undefeated in league meets.

| | |
|------------------|-------|
| 13 Phil Carducci | 22:29 |
| 22 Tom Hirsch | 24:20 |
| 26 Jerry Drucker | 24:55 |
| 32 Mike Russo | 26:06 |
| 35 Marvin Fell | 27:24 |
| 37 Bill Dickens | 28:10 |
| 42 Jeff Watnick | 30:28 |

Parents' Day Cross Country

Bard Cross Country walloped Vassar in the Parents' Day meet.

The five mile race started during halftime at the soccer field. Bard got a bad start when a number of dogs tripped star runner, Phil Carducci, while passing the soccer field. Phil had a bad fall, completely destroying his rhythm, but got up and continued running. Phil found his first real competition in Vassar's number one, P.A. Tippet. At the end of two miles Tippet and Carducci were running even. After four miles the two were still side by side. During the last mile Tippet also fell, on some wet leaves near Blithwood. Phil took it to break the course record with a 31:08 time. Tippet took a close second with Bard's Tom Hirsch, Jerry Drucker and Mike Russo filling in third and fourth and fifth. Bard won the meet 20-43. Jeff Watnick who has been out with knee trouble cut eight minutes off his time in his first race back.

Bard final times 5 miles

| | |
|------------------|-------|
| 1 Phil Carducci | 31:08 |
| 3 Tom Hirsch | 34:20 |
| 4 Jerry Drucker | 34:55 |
| 5 Mike Russo | 36:27 |
| 7 Marvin Fell | 38:21 |
| 8 Ronnie Alter | 39:22 |
| 9 Bill Dickens | 39:38 |
| 11 Mike Mushlitz | 41:15 |
| 14 Eligo Green | 43:14 |
| 15 Jeff Watnick | 44:06 |

4:00 Fri. Oct. 25, Manhattenville Away Soccer, Cross Country, Women's Tennis

4:00 Wed. Oct. 30, Vassar Away Soccer, Cross Country

2:30 Sat. Nov. 2, NAC Cross Country Home

... & MORE NEWS...

Some student air fares to Europe are still in effect. Youth fares and other reduced air fares being sold in Canada and Mexico, and continued use of student charter flights all make Europe still very much available to travel minded college students.

Also, lower winter rates offer skiers inexpensive trips to Austrian and Swiss slopes. One student ski trip is only \$550 including the round trip flight ticket and accommodations during two weeks on the Austrian slopes.

For students staying in Europe longer than a 2-week ski fling, temporary paying jobs are also available. Most jobs are in restaurants, hotels, and ski resorts. Standard wages are paid, but the big saving is the free room and board that goes with each job!

Any interested student may obtain free travel information and job application form by writing to Student Overseas Services, 22 Avenue de la Liberte, Luxembourg, Europe. Job processing can be speeded up by obtaining and holding 3 passport size photos and a letter of recommendation from a teacher or school official.

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Daniel P. Griffin, Reg. Ph. - JAMES J. MAHER, Reg. Ph.
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that stuff on your plate

Sitting down to write this column tends to engender visions in my head of people picking it up, feeling nagged in the first paragraph, and walking away in disgust. (People tend to be more sensitive, here at Bard, about their eating habits than about their sex lives.) But I have a lot of friends who aren't as tired as they used to be, so I think this one is worth it.

The soapbox for the week is Vitamin B, all ten or twelve of it. As some of you (but, I usually find, a minority) are aware, this vitamin is really a large family of vitamins, which seems to have a hand in everything in the body, most prominently the nerve-skin system (Bio people will understand that linkage). Most commercial vitamins only provide three or four members of the complex; unfortunately, these vitamins work in combination, so that an oversupply of the inevitable B 1, 2, 6 and 12 leaches the others out of the body and is just as traumatic as a complete undersupply. So, if you rush out and buy a B complex, make sure it's complete. And to hell with Unicaps.

The main benefit of B complex is an increase in the ability to cope with stress. It plays a large role in the body's ability to rebuild its tissues, and as such is badly needed to sustain the ongoing collegiate effort against fatigue. I have a friend who drops B-complex pills during drama productions, like pep pills or cups of coffee; she went from 12 hours sleep a night to 8 on the first handful of them I gave her. Nervous stress tends to disappear; niacin amide, a part of the complex, has actually been used to treat depression and nervous disorders. Choline and inositol work in tandem to compose part of the sheath around nerve fibers. These two compounds also combine to break up blood cholesterol; so that, ideally speaking, anyone who gets enough of these should never have to worry about the stuff's sticking to the inside of their arteries. Para-amino-benzoic acid helps in many skin disorders and allergic conditions. The whole complex has a salutary effect on the digestion--one thus uses what one does eat to greater profit--and is needed by anemic types; it is required in especially large amounts by women on the Pill.

The major drain on vitamin B in the American diet is in the treatment of wheat. Wheat germ, the heart of the kernel, contains almost the complete B complex; this is the part that is milled out of almost all flours, bleached or unbleached. Zoog tells me that the rolls baked here by SAGA are made with whole wheat; the sliced bread by the toaster obviously is not. The local Granola can also be relied on, whereas the boxed breakfast cereal is so much air with a little B1 and B2 added. Liver, if you can stand it, is packed with the stuff, and brewers yeast (stirred in milk, it's barely noticeable) is another good source available in the D.C. All green vegetables have certain members of the complex. But the best bet is probably one of the many good commercial supplements, which, depending on how much of a snob you are, can be had incredibly expensive or dirt cheap. ↗

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Check the label to see that at least the above-mentioned elements are there; you may find more, as the complex is still being researched. You may find yourself freer than ever before from collegiate droop and brain fog, and part of a much less depressing scene in the dining room at eight o'clock any weekday morning.

FISH...

from page one

cerning the use of nuclear power plants. "I'm in opposition to it," Mr. Fish declared, "I was concerned that we might get panicked into a long range nuclear energy contract."

Ken Stern asked the Congressman if considering the handling and killing at the Attica State Prison riots and "total indifference to civil rights" if he could possibly see himself voting in confirmation of former Governor Rockefeller as Vice-President.

"Yes," replied Fish. "The House Judiciary Committee member (Mr. Fish is part of the committee) were asked to reserve judgements on Mr. Rockefeller's gifts." Mr. Stern persisted that it was not the gifts that were a question in his mind, but the Attica riots. Mr. Fish said that he would "research Attica."

Dr. Lytle was still plugging away at the "small college-government aid" question. Mr. Fish answered him bluntly and realistically. "We are helping the students directly through scholarships and grants," said Congressman Fish. "I don't see an outright bail out of these small schools." He said if the small schools go under they might be incorporated in the State University system.

Dr. Sailor asked Fish about Congressional "pork barreling." Mr. Fish stated that all the additions that are tacked on to the original bill can become so out of hand that they are on the verge of unconstitutionality. Fish does admit "I'm in competition with every Congressman to get money for my district."

Facing the answer-hungry audience he was asked about our "overseas aid." "Too rich," responded Fish. "If we reduce troops unilaterally it will cause a psychological deterrent to NATO. I'm in favor of a troop reduction."

"I don't like abortions," was Congressman Fish's response to that issue. He was "not prepared to say if it should be a purely private decision."

Dean Selinger repeated his question of sending food to Southwest Asia at the expense of ourselves. Mr. Fish answered, "I'd go with the traditional, American, humanitarian response."

The afternoon's anticipated question had finally surfaced. "Why won't you debate with Mr. Angell?"

"Debates are only one aspect of a political race," said Mr. Fish. "This isn't Lincoln-Douglass," he furthered, "I don't even think we'd get the same attention." "At debates there are usually more candidates there than audience." Before the end of the race Mr. Fish said that he has six scheduled debates with Mr. Angell.

Election day is November 5.

As the afternoon closed, the spectators at Procter were left with two distinct impressions, two utterly different styles in the same race.

Nick Angell, the challenger, Dynamic. Charismatic. Full of motion and looking for issues to discuss and people to discuss them with. He's the underdog of this election, fighting a three term incumbent and a strong Republican county machine. He must make himself known to make a bid for victory.

Hamilton Fish Jr., the incumbent. Very polished. Very professional. A low-key subtle campaign is his way. The district is familiar with him and traditionally Republican. His ticket to a fourth term is to not give Nick Angell many opportunities to get him in public debates, thus giving Angell much needed publicity.

Afterthoughts: Ken Stern thought they were typical of middle upper class politicians.

President Robert Bruce remarked that it was a respectable Bard turnout considering it was a weekend, during exam week, and most students at the school aren't eligible to vote in this election.

Mr. Mark Lytle remarked that it was a respectable turnout, considering that New England Patriots were playing the Buffalo Bills.